




GEAR LIST FOR TŌKU ARA - Ruawāhine

We don't expect you to purchase expensive items especially for the program. Specialist items like jackets and packs can be borrowed from friends or family, or from the school. There is a table at the end of this form for any items that need to be borrowed.

CLOTHING







Underwear	One weeks supply of underwear
Trackpants	3 x track pants which should be loose and comfortable
T Shirts	4 x T-shirts, at least two of these should be quick drying
Singlets	3x and quick drying if possible
Jumpers	3 x hoodies or jumpers to keep warm at the lodge
Shorts	3x comfortable shorts for casual wear and for outdoor pursuits
Running shorts:	2x pairs of running shorts. Bike shorts/Skins are found by many to be helpful in preventing chafing when running and trekking.
Waterproof Jacket and pants	x 1 waterproof rain jacket X 1 waterproof pants
Pyjamas	x 2 warm set. Slippers/ugg boots to wear in the evening
Togs/bikinis	X 1
Beanie and gloves	x 2 Woollen or thermal.
Footwear	x 1 Tramping boots or sturdy walking shoes which you have broken in before arriving x 1 running shoes suitable for rough, hilly and sandy terrain X 1 jandals to wear around campus
Thermal base layer top	x 2 long sleeve, polypro or wool. Can be purchased from Postie Plus online for \$10.



Thermal base layer bottom	<p>x 2 Must be wool or polypro, e.g. long johns.</p> <p>Can be purchased from Postie Plus online for \$10.</p> <p>No skins as they don't keep you warm when wet.</p>	
Fleece tops	<p>x3 warm fleece or woolen top</p> <p>e.g. hunting/fishing top, polarfleece or swandri</p> <p>Cannot be cotton as it doesn't keep you warm when wet</p>	
Socks	<p>2x pair of long wool/Nylon mix socks.</p> <p>Sports socks: x3.</p> <p>General wear socks: x 2</p> <p>Example of wool/nylon socks. Essential for trekking to avoid getting blisters</p>	
Sunhat	Lightweight sun hat	

OTHER ITEMS

Black rubbish bag	x 2 used for laundry and pack liners
Towels	X 3 non-white and 1 x beach towel
Drink bottles	x 3 750ml - 1l
Toiletries	Brush, toothbrush, toothpaste, soap (liquid in a bottle), shampoo, deodorant, sun-screen, insect repellent, disposable razors, flannels (x 2 non white). A supply of sanitary products.
Bedding	<p>x 1 sleeping bag, minimum 2 seasons.</p> <p>x 1 duvet or warm blanket (single size recommended)</p> <p>x 2 pillowcases</p> <p>Your own pillow</p>

Camping roll mat	<p>x 1 thin foam mattress. Must be light and compact as it will be taken on a 3 day tramp. No inflatable or bulky mattresses</p> <p>Can be purchased from Sunnys for \$18.99 or the Warehouse for \$12</p> 
Torch	Head torch or small sized hand torch with spare batteries
Backpack	Small backpack for day trips e,g school bag.
Tramping Pack	<p>Comfortable tramping or hunting pack.</p> <p>50 - 70 litres in size</p> 
Dry bag - 15 L <ul style="list-style-type: none"> Waterproof seams, double stitched and tape seam sealed 	 <p>Available at Kmart online \$9.50</p>
Wetsuit - Any wetsuit that has either a long arm, or long leg or both.	 
Pair Aqua socks/shoes Excellent for wearing in the harbour/ snorkling/ water sports	 <p>Kmart online \$9 Mountain warehouse \$19</p>
Lunch box	Lunchbox or ice cream container: named
Reading material	x 2 - This could include novels, appropriate magazines or comic
Stationery	1 x Named pencil case 4 x blue or black pens

	4 x pencils 1 x ruler 1 x black sharpie 1 x glue stick Felt tips Colour pencils (optional) 1 x Lined refill Envelopes - WITHOUT postage paid
Photos	Each student has their own cork board beside their bed to pin photos, pictures, letters etc onto.
Labeled Medication where required and prescription glasses/contact lenses plus spares	

OPTIONAL ITEMS

- | | |
|---|---|
| <ul style="list-style-type: none"> <input type="checkbox"/> Musical instruments <input type="checkbox"/> Fishing rod <input type="checkbox"/> Rash Vest - long sleeve <input type="checkbox"/> gumboots <input type="checkbox"/> Sports gear - surfboard, mountain bike, sports balls <input type="checkbox"/> Watch <input type="checkbox"/> Sunglasses | <ul style="list-style-type: none"> <input type="checkbox"/> Extra blankets <input type="checkbox"/> Cards or board game <input type="checkbox"/> Snorkel, mask, flippers <input type="checkbox"/> Named Knife (knives will be stored in the staff house locker and used for bushcraft and fishing). |
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NOT ALLOWED

- X Cellphones and tablets
- X Ipods and mp3 players
- X Apple watch
- X Straightening iron
- X Hair dryer
- X Junkfood -this included cookies or biscuit packs
- X Lollies
- X Polaroid camera

GEAR THAT IS SUPPLIED BY TOKU ARA

- Tents & cookers for camping
- Personal journal for writing
- All specialist equipment such as, life jackets & paddles
- Laundry soap for washing your clothes - please do not bring your own
- Bedding: sheets, mattress and mattress protector.

MARKING OF CLOTHING AND BEDDING

Please ensure that all clothing is marked using a permanent sharpie, showing first name and initial of the surname. Please purchase marking tape if you do not have clothing tags to mark on. Boots and shoes should also be named with a permanent marker pen. Students wash and dry their laundry once a week on campus.

GEAR TO BORROW

Indicate below with a tick if there's any gear that you need to borrow from school and return to **Rebecca Hill before March 1st**.

In the first instance please try and borrow gear from family or friends as we have limited supplies.

Name: _____

TICK	ITEM
	Fleece top
	Sleeping bag
	Camping roll mat
	Waterproof jacket
	Waterproof pants
	Boots (Please include size)
	Tramping pack
	Dry bag
	Other: _____